

Nehemiah
“Strengthen My Hands”
(Nehemiah 6:9)

Nehemiah Chapter 2: Asking Others For Help

Nehemiah asked God for help and persevered in prayer

1) *How long did Nehemiah pray before this 2nd chapter takes place? What can we learn from his example? What does God teach us in waiting?*

Reflect: Consider what these verses say about prayer: Luke 18:1-8; Romans 12:12; 1 John 5:14

2) *Is there a specific prayer need that God is bringing to your mind that you need to persevere in?*

Nehemiah asked people for help

1) *Why was it such a big deal for Nehemiah to ask the king for help? What insight does it show that Nehemiah asked the people to help?*

Reflect: Think about ways God has used other people in your life in answer to your prayers. Are there areas of your life now where you need to ask God and also others for help? Think about whether you have trouble asking for help and why this might be so.

2) *What do you need to ask for help with?*

What to expect when you ask for help

1) *What was the response of the king to Nehemiah’s request? What were the responses of the people to his request?*

Reflect: Spend some time thinking through your need for help. Are you prepared to answer the questions of what, why, and how you need help?

2) *How has God spoken to you through this chapter about persevering in prayer and asking for help?*