

## Colossians 2:16-23 (page 983)

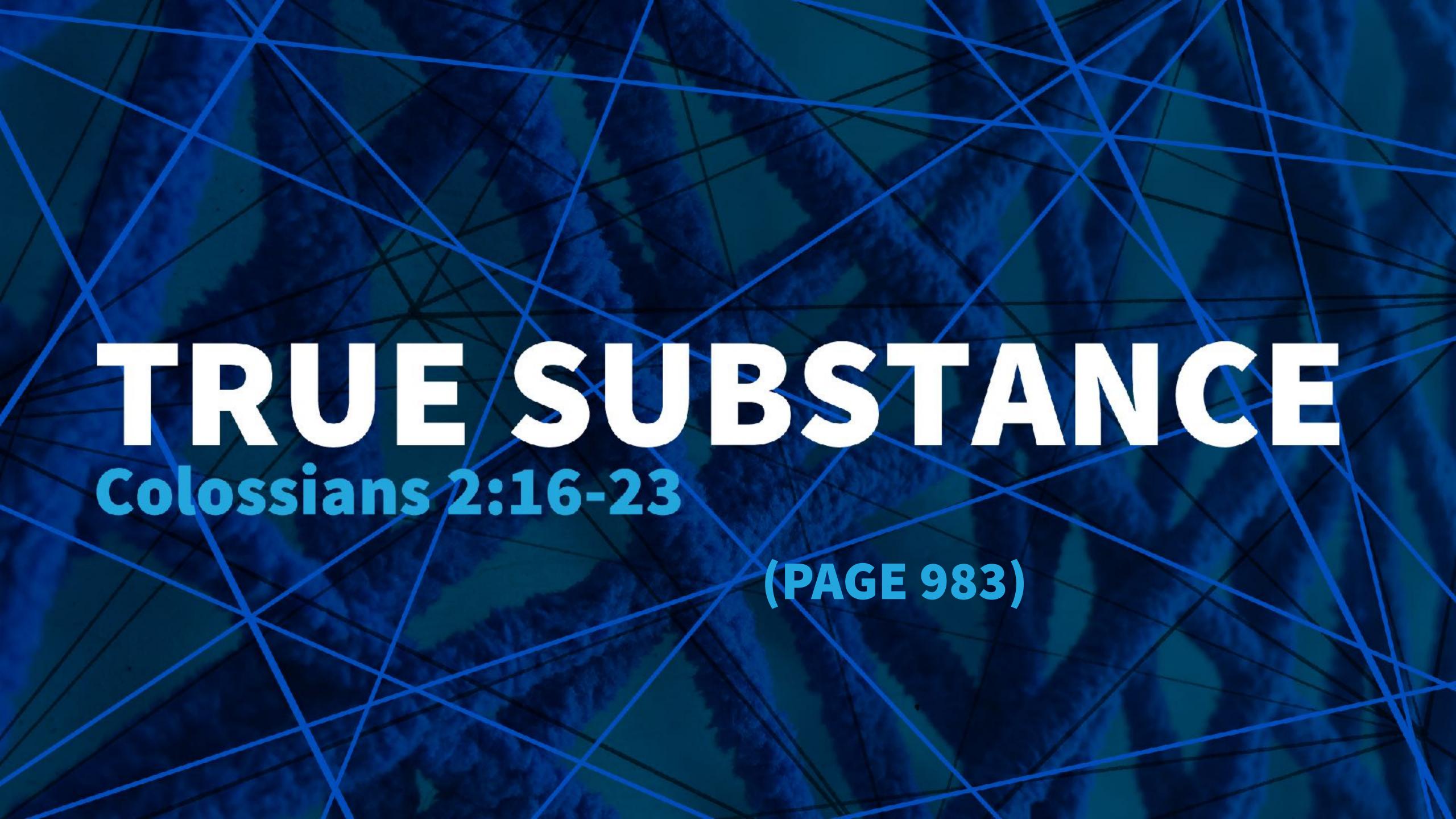
"Therefore let no one pass judgment on you in questions of food and drink, or with regard to a festival or a new moon or a Sabbath. These are a shadow of the things to come, but the substance belongs to Christ. Let no one disqualify you, insisting on asceticism and worship of angels, going on in detail about visions, puffed up without reason by his sensuous mind...

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"...and not holding fast to the Head, from whom the whole body, nourished and knit together through its joints and ligaments, grows with a growth that is from God. If with Christ you died to the elemental spirits of the world, why, as if you were still alive in the world, do you submit to regulations...

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"'Do not handle, Do not taste, Do not touch' (referring to things that all perish as they are used) — according to human precepts and teachings? These have indeed an appearance of wisdom in promoting self-made religion and asceticism and severity to the body, but they are of no value in stopping the indulgence of the flesh





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Is it helpful? (physically, spiritually, and mentally)

1 Corinthians 6:12a

Does it bring me under its power?

1 Corinthians 6:12b

Does it hurt others?

1 Corinthians 8:13

Does it glorify God?

1 Corinthians 10:31

— Jerry Bridges, The Pursuit of Holiness



### Galatians 1:8-9

"But even if we or an angel from heaven should preach to you a gospel contrary to the one we preached to you, let him be accursed. As we have said before, so now I say again: If anyone is preaching to you a gospel contrary to the one you received, let him be accursed."

Matthew 7:15; 24:23-27, John 14:6,9; 15:15, Luke 9:35, Hebrews 1, 2 Peter 2:1-3



"We will always lean towards morals and trying to obtain righteousness with God... because we struggle with our flesh. Law will take over because law always carries with it a sense of security and manipulative power." - Richard J. Foster

#### Galatians 3:1-3

"O foolish Galatians! Who has bewitched you? It was before your eyes that Jesus Christ was publicly portrayed as crucified. Let me ask you only this: Did you receive the Spirit by works of the law or by hearing with faith? Are you so foolish? Having begun by the Spirit, are you now being perfected by the flesh?"

Luke 11:13, John 15:4-5

